Consultation: Two proposals for registered nurse prescribing

Submission Form

Please read and refer to the consultation document Two proposals for registered nurse prescribing available on the Nursing Council of New Zealand website www.nursingcouncil.org.nz before completing this form. The questions in this form are designed to help you to focus your response and make it easier for us to analyse submissions. However, you don’t have to answer every question and may add additional comments.

This submission was completed by:

Name:
Address:
Email:
Organisation: TADS (Training and Development Services) Behavioural Change Training
Position:

If an email address is supplied, we will notify you of when the report of the summary of submissions is published on-line.

You are making this submission:

☐ as an individual

☒ on behalf of a group or organisation

Please indicate which part of the sector your submission represents:

☐ Individual nurse
☐ Individual doctor
☐ Individual other
☐ District Health Board
☐ Consumer group
☐ Registration authority
☐ Primary health organisation
☐ Maori health provider
☐ Pacific health provider
☐ Government agency
☒ Education provider
☐ Professional organisation
☐ Private Hospital Provider
☐ Aged care provider
☐ Non-government organisation
☐ Other (please specify) ..................................................................................................................................................................
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In the interests of a full and transparent consultation process, the Nursing Council intends to publish a report which may contain quotes from the submissions received. The Council may also publish the submissions received on this consultation document on its website. However, if you object to this publication or to the publication of your name (Please note that the names of individual submitters will not be published) tick one or both of the following boxes:

☐ I do not give permission for my submission to be published on-line.

☐ I do not give permission for my organisation’s name to be listed in the published summary of submissions.

The deadline for feedback is Friday 19 April 2013. Submissions are accepted in written and email form. Please save and send your submission to:

EmmaG@nursingcouncil.org.nz

Or post to:

Emma Gennard
Nursing Council of New Zealand
PO Box 9644, Wellington 6141
Consultation questions

The consultation questions are split into two parts specific to the two proposals. Respondents are asked to reply to questions about both proposals. There is an opportunity at the end of the questions to give general views on the consultation paper and models of nurse prescribing.

Proposal One: Community nurse prescribing

Proposal for community nurse prescribing

The Council believes that registered nurses working in schools, general practice, public health, Maori and Pacific Health providers, services for youth, family planning and other ambulatory services already have a significant role in health promotion, disease prevention and in the assessment and treatment of minor ailments and illnesses. The ability to prescribe a limited number of medicines would enhance the health services registered nurses are able to deliver to some patients in community and outpatient settings.

1.1 Do you agree with the proposal that suitably qualified and experienced registered nurses be able to prescribe a limited list of medicines to treat minor ailments and infections, and to promote health?

Yes ☐ No ☐

In general terms yes I agree. However, the words “Community Nurse” are inappropriate - it is currently without specific definition and not representative of the groups described above. For example practice nurses are described in both ‘community nurse’ as a group and also ‘specialist nurse’ prescribing. Neither of these names accurately represents practice nurses as they do not work in the community but work in response to people presenting from the community and via a medical model of practice. Nor are they a specialty group so the majority will be working under the auspices of a GP in some form and not autonomously as a individual provider. Rural nurses have particular needs – are they seen as ‘community’ or ‘specialty’? They could well be both.

Health Promotion: Prescribing medicines does not in itself ‘promote health’ as prescribing is in response to managing illness and disease conditions. Delivering on health promotion incorporates learning how to impart behavioural change facilitation to assist patients to see the connection between the condition, the medication and the behaviour change. The latter requires a learned skill. I note the Council’s comment that ‘experienced nurses have skills which include health education skills, communication skills etc’. While I endorse the high significance of such skills I question whether most nurses actually do currently have those skills (My current Masters work in behavioural change interventions suggests otherwise, with poor communication being the greatest barrier to health behaviour skills). Robust training in this field should be an essential for the prescribing rates as proposed in this consultation.

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1 Health services provided on an outpatient basis to those who visit a hospital or another health care facility and depart after treatment on the same day.
The rationale for extending nurse prescribing is to improve patient care without compromising patient safety; make it easier for patients to obtain the medicines they need; increase patient choice in accessing medicines; and make better use of the skills of health professionals.

1.2 Do you agree that community nurse prescribing will enable patients to receive more accessible, timely and convenient care?

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<tr>
<th>Yes</th>
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In principle yes but of course depends on the degree of ‘accessibility’ and ‘convenience’ for many patients. Remote and lower socio economic areas for example may miss out on this. If they cannot access general practice easily, for example in rural or lower socio economic areas this will not be ‘convenient’.

**Title for community nurse prescribing**

The Council has used the title “community nurse prescribing” for this proposal but is aware that it may not best describe the nurses who may undertake this type of prescribing or the breadth of the prescribing authority.

1.3 Do you consider the title “community nurse prescribing” adequately describes and informs the public and other health professionals of the breadth of this prescribing authority?

<table>
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<th>Yes</th>
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As per comments at 1.

We have practice nurses who work under a medical model, primary health care nurses who work in the community, diabetes nurse specialists - some of whom work in outpatient situations (are they PHC or secondary care?).

Need also to consider the future role of the Primary Care Practice Assistant on the horizon - where will they sit in this?

Will a name be sufficient to inform the public of the ‘breadth’ of the prescribing authority? They already have difficulty differentiating between a practice/ public health/ district/ hospital nurse.

Would it be better to describe the range of the prescribing role in the title...e.g. ‘limited’ or ‘restricted’ prescribing (or something similar) rather than ‘community’- and ‘advanced ’ prescribing (or something similar) rather than ‘specialist’ nurse prescribing

**Scope of practice and authorisation for community nurse prescribing**

The Council is proposing to add the following sentence to the scope of practice for registered nurses to allow some registered nurses to be authorised for community nurse prescribing:
“Some nurses with additional experience education and training may be authorised by the Council to prescribe some medicines within their competence and area of practice.”

1.4 Do you agree with the suggested wording changes to the registered nurse scope of practice and with a prescribing authorisation being included in the scope of practice of registered nurses with community nursing prescribing authority?

Yes ☐ No ☐

Too loose. Needs more description as to what type of nurse and what this ‘experience’ must be. And what type of competence and who decrees this? Is this additional sentence necessary if the two types of prescribing were made available to all nurses providing they fulfil the necessary requirements of training and competency?

This raises the issue for another discussion on the need for a scope of primary health care nurse- it might clear the clutter.

Qualification and training for community nurse prescribing

It is proposed that community nurse prescribing courses should include up to 6 days of theory (online and workshop) and 3 days of prescribing practice with a doctor or nurse prescriber (authorised prescriber). A competence assessment with a doctor or nurse practitioner would be one of the course assessments that must be successfully completed before the nurse would be authorised by the Council to prescribe. The standards for community nurse prescriber courses are outlined on page 50 of the consultation document. The competencies that the registered nurse will be assessed against are on page 53.

1.5 Do you agree that the proposed education and training for community nurse prescribing is consistent with their scope of practice and their prescribing authority and will enable them to demonstrate competent and safe prescribing practice?

Yes ☐ No ☐

1.6 Do you agree with the course standards for community nurse prescribers?

Yes ☐ No ☐

1.7 Do you agree with the competencies for community nurse prescribers?

Yes ☐ No ☐

Comment:

Standing orders vary between nurses in primary health care and community and there needs to be more uniformity relating to competency assessment.

Perhaps wording change to encompass competence assessment to ’ doctor and’ or nurse practitioner (with prescribing rights)

An interesting dichotomy here that it is important that “only nurses with relevant knowledge, competence, skills and experience in nursing children should prescribe for children.” Does that refer to nurses who are nursing in paediatrics for example but may not yet have children of their own and
excludes nurses who have nursed their own children but are not nursing in a paediatric ward? Perhaps some clarification of that wording?

Entry criteria for courses leading to community nurse prescribing

The Council is proposing the following criteria to gain entry to a community nurse prescribing programme:

- The registered nurse must hold a current annual practising certificate and must have completed three years equivalent full time practice. At least one year must be in the area of practice she/he will be prescribing.
- The nurse must have support from his/her employer to undertake the prescribing course and must confirm that they will be able to prescribe in their work role at the completion of the course.
- The nurse must have the support of an identified authorised prescriber mentor who will support her/him to prescribe.
- The nurse must be employed by an organisation that supports nurse prescribing through policy, audit, peer review and accessibility of continuing education.

1.8 Do you agree with the entry criteria for community nurse prescribing courses?

Yes [ ] No [ ]

A large number of these nurses will likely be practice nurses. Because there is no pre entry criteria to enter general practice many newer practice nurses (longer serving PNs will fill the criteria but soon to be at retirement age) may well have completed three years equivalent full time practice but in another setting. “At least one year must be in the area of practice she/he will be prescribing” but I think this is insufficient background experience to prescribe at this level particularly with its broad scope of the prescribing. (I suggest at least two years)

Continuing competence and monitoring for community nurse prescribing

It is proposed that nurses who have community nurse prescribing rights be required to participate in peer review of their prescribing practice and complete professional development on prescribing each year (e.g. a community nurse prescriber’s update). Community nurse prescribers must also be able to demonstrate that they have completed 60 days of prescribing practice within the past three years. The Council is proposing that it monitors that these requirements are met every 3 years at practising certificate renewal.

1.9 Do you agree with the ongoing continuing competence requirements for community nurse prescribers?

Yes [ ] No [ ]
Indicative list of medicines for community nurse prescribing

The medicines lists for community nurses were developed from the New Zealand Formulary and Pharmaceutical Schedule for medicines to treat identified therapeutic areas. The lists contain commonly used medicines for minor ailments, prevention of disease, common skin conditions and infections and contraceptives. Please refer to the lists on page 21 of the consultation document.

1.10 Do you agree with the proposed list of prescription medicines that nurses with community prescribing rights will be able to prescribe as designated prescribers?

Yes ☐ No ☐

Non prescription medicines will not be included in the regulation but patients may be able to access a subsidy if the item is “prescribed” by a nurse with community nurse prescribing authority.

1.11 Do you agree that community nurse prescribers should be able to access this list of non prescription medicines?

Yes ☐ No ☐

Proposal Two: Specialist nurse prescribing

Proposal for specialist nurse prescribing

The Council is proposing that registered nurses with advanced skills and knowledge who work in specialty services (e.g. diabetes services) or expert nurses working in general practice teams in the community be authorised to prescribe medicines for patients who have common conditions e.g. asthma, diabetes, hypertension. They would work as part of a collaborative multidisciplinary team and manage and monitoring patients with these conditions in clinics or by providing home based care. They will seek assistance from a doctor within the team when making difficult or complex clinical decisions.

2.1 Do you agree with the proposal that suitably qualified and experienced registered nurses be able to prescribe from the specialist and community nurse prescribing lists of medicines?

Yes ☐ No ☐
The ability of specialist nurses to prescribe will mean that they can make a greater contribution to patient care particularly in chronic or long term condition management. Prescribing authority will ensure competence and accountability for the medication decisions specialist nurses make and be convenient for patients who will no longer have to see a doctor for routine monitoring and prescriptions.

2.2 Do you agree that specialist nurse prescribing will enable patients to receive more accessible, timely and convenient care?

Yes ☐ No ☑

That would be the ideal goal but won’t of itself ensure ‘accessibility’ to many of those with chronic conditions who can’t for a number of reasons access general practice. It will however give patients much greater choice of health providers for prescribing purposes.

Title for specialist nurse prescribing

The Council has used the title “specialist nurse prescribing” for this proposal but is aware that it may not best describe the nurses who may undertake this type of prescribing (some of whom may be generalist practice or rural nurses) and could be confused with nurses who do not prescribe or have different roles eg clinical nurse specialists.

2.3 Do you consider the title “specialist nurse prescribing” adequately describes and informs the public and other health professionals of the breadth of this prescribing authority?

Yes ☐ No ☑

The Council is proposing that nurses with specialist nurse prescribing authority work in a collaborative relationship within a multidisciplinary team. Specialist nurse prescribers will refer a patient who has a health concern or complexity which is beyond their level of competence to a doctor. The Council believes that ongoing supervision by a medical mentor is unnecessary as specialist nurses must work within a team and within their level of competence.

2.4 Do you agree that nurses with specialist nurse prescribing authority should be required to work in a collaborative multidisciplinary team?

Yes ☐ No ☑

2.5 Do you think that nurses with specialist nurse prescribing authority should also be required to practice under supervision for six months when they begin to prescribe?

Yes ☑ No ☐

If the nurses have the authority to prescribe they should have supervision for 6 months but should then be able to practise independently
Scope of practice for specialist nurse prescribing

The Council is consulting on two options for specialist nurse prescribing. The first is to introduce a new scope of practice – specialist nurse prescriber. The second option is for specialist nurse prescribing to be included as an authorisation in a registered nurse’s scope of practice. The first option would more clearly inform the public and other health professionals of the qualification and skills of a nurse with this prescribing authority. The second option may reduce expectations of increased remuneration and would be more acceptable to nursing organisations.

2.6 Do you agree that nurses who apply for specialist nurse prescribing authority should be:
- [ ] a) registered in a new scope of practice; or
- [ ] b) have a condition/authorisation included in the registered nurse scope of practice

2.7 If nurses with specialist nurse prescribing authority are registered in a specialist nurse prescriber scope of practice, do you agree with the scope statement on page 34 of the consultation document?

- [ ] Yes
- [ ] No

2.8 If nurses with prescribing authority have a condition/authorisation, do you agree with the proposed additional wording in the registered nurse scope of practice?

“Some nurses with additional experience education and training may be authorised by the Council to prescribe some medicines within their competence and area of practice.”

- [ ] Yes
- [ ] No

Qualification and training for specialist nurse prescribing

The Council is proposing that specialist nurse prescribers complete a post graduate diploma in specialist nurse prescribing. The programme would be pathophysiology of common conditions, assessment and clinical decision making (diagnosis), pharmacology and prescribing praxis which would include 150 hours of supervised practice with a designated medical prescriber. The standards for specialist nurse prescriber courses are outlined on page 54 of the consultation document. The Council is proposing that nurses applying for specialist nurse prescribing rights must have

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2 Under section 22 of the Health Practitioners Competence Assurance Act 2003, the Council may change a scope of practice and state the health services a nurse is able to perform.
satisfactorily completed this qualification including an assessment of their competence to prescribe (see competencies on page 64) by the medical mentor before being authorised to prescribe.

2.9 Do you agree that the proposed education and training for specialist nurse prescribing is consistent with their scope of practice and their prescribing authority and will enable them to demonstrate competent and safe prescribing practice?

Yes [ ]  No [ ]

2.10 Do you agree with the standards for accreditation of courses for specialist nurse prescribing?

Yes [ ]  No [ ]

2.11 Do you agree with the proposed competencies for specialist nurse prescribers?

Yes [ ]  No [ ]

Entry criteria

The Council is proposing that the registered nurse must meet the following criteria before gaining entry to a prescribing programme:

- The registered nurse must hold a current annual practising certificate and must have completed three years equivalent full time practice. At least one year must be in the area of practice she/he will be prescribing.
- The registered nurse must have support from her employer to undertake the Postgraduate diploma in specialist nurse prescribing and must confirm that they will be able to prescribe in their work role at the completion of the course.
- The registered nurse must have the support of an identified prescriber mentor who will support her/him to prescribe.
- The registered nurse must be employed by an organisation that supports nurse prescribing through policy, audit, peer review and accessibility of continuing education.

2.12 Do you agree with the entry criteria for specialist nurse prescribing programme?

Yes [ ]  No [ ]

Continuing competence and monitoring

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The Council proposes that nurses who have specialist nurse prescribing rights be required to undertake regular case review of their prescribing practice with a suitable mentor and complete professional development hours each year on prescribing within the 60 hours of professional development completed by all nurses every three years. Specialist nurse prescribers must also be able to demonstrate that they have completed 60 days of prescribing practice within the past three years. The Council is proposing that it monitors that these requirements are met every 3 years.

2.13 Do you agree with the continuing competence requirements for specialist nurse prescribers?
Yes [ ] No [ ]

Proposed list of prescription medicines for specialist nurse prescribing

The list contains commonly used medicines for common condition and is not an inclusive list. Please note the prescription medicines for community nurse prescribing on page 40 of the consultation document will also be included in the list for specialist nurse prescribers.

The Council is considering whether it is necessary to identify some medicines that specialist nurses may not initiate but could safely repeat prescribe. For example antipsychotic medicines.

2.14 Do the indicative community nurse prescribing and specialist nurse prescribing lists of prescription medicines reflect the range of medicines that nurses with specialist nurse prescribing rights will need to access?
Yes [ ] No [ ]

2.15 Do the prescription medicine lists include any medicines that specialist nurse prescribers should not be able to access?
Yes [ ] No [ ]

2.16 Do you think there are medicines that specialist nurses should not initiate but could safely repeat prescribe?
Yes [ ] No [ ]
Non prescription medicines

Non prescription medicines will not be included in the regulation but patients may be able to access a subsidy if the item is “prescribed” by a nurse with specialist nurse prescribing authority.

2.17 Do you agree that specialist nurse prescribers should be able to access the list of non prescription medicines on page 43 of the consultation document?

Yes ☐ No ☐

List of Controlled drugs for specialist nurse prescribing

Designated nurse prescribers are already able to prescribe from a list of 42 controlled drugs outlined in the Misuse of Drugs Regulation 1977 (see Appendix 7 on page 71 of the consultation document). The Council believes that some of the controlled drugs on the present list are no longer used or fall outside the therapeutic areas it has identified for specialist nurse prescribers. It is proposing a list of 15 controlled drugs for specialist nurse prescribing (see page 44).

Designated nurse prescribers are restricted to prescribing controlled drugs only for patients under their care, only in an emergency and only a 3 day supply (Misuse of Drugs Regulation 1977 Section 21 (4B)).

Do you agree with the proposed list of controlled drugs that nurses with specialist nurse prescribing rights will be able to prescribe as designated prescribers?

Yes ☐ No ☐

2.18 Do you think that specialist nurse prescribers should be able to prescribe controlled drugs (from the appropriate list) for a period longer than three days?

Yes ☐ No ☐

Other comments
3.1  Do you have any other comments on the consultation paper or the proposed models of nurse prescribing?

**Comment:**
I applaud the additional levels of prescribing but have some concerns about the primary health care nursing prescribing. Practice nurses for example (although included as PHC nurses) serve a different purpose as they are not working in the community but will be majorly involved in chronic condition management (the majority do not have qualifications for primary health care or practice nursing other than a registered nurse scope without specialty). If funding is available for specialist nurse prescribing it could be attached to a post graduate diploma for primary health care nursing (practice nursing / public health / diabetes nurse/) as a requirement for specialty prescribing.

Thank you for completing this response form. Please save and send your submission to:

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Or post to:

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